

Additional file 1: English version of the final RSO

RSO: Resilience Scale for Oldest-old age

No.	Item	Disagree	Disagree somewhat	Agree somewhat	Agree
1	I'm enthusiastically living my life every day.	0	1	2	3
2	I'm dealing with my physical decline well.	0	1	2	3
3	I feel attached to the area I live in.	0	1	2	3
4	Spending time with local residents from my area cheers me up.	0	1	2	3
5	I clearly express my thoughts and feeling to others.	0	1	2	3
6	I don't get bothered by something that doesn't go as well as before.	0	1	2	3
7	I have things that I do to maintain my health condition as much as possible.	0	1	2	3
8	I would like to see more of how the world will turn out to be in the future.	0	1	2	3
9	Getting old is not as bad as I used to think.	0	1	2	3

Akatsuka E, Tadaka E: Development of a resilience scale for oldest-old age (RSO), BMC Geriatrics,2021.